

**COUNTY OF LOS ANGELES – DEPARTMENT OF PUBLIC HEALTH  
SUBSTANCE ABUSE PREVENTION AND CONTROL (SAPC)  
TRAINING ANNOUNCEMENT**

**THIS CLASS IS FULL**

- WHO:** The Substance Abuse Prevention and Control (SAPC formerly ADPA) will be incorporating (in a pilot-phase) the Prime For Life and Prime Solutions models to enhance current treatment services under Adult Criminal Justice type programs. SAPC is encouraging each agency to send 1-2 staff members that will be trained as certified Prime For Life and Prime Solutions Instructors. This is the second of three PRIME For Life trainings that will be offered this year. These staff are to be the persons who are to deliver the direct services.  
**SPACE IS LIMITED**
- WHAT:** The PRIME For Life<sup>1</sup> model is a science based-alcohol and drug program designed to persuade resistant populations to examine and accept the need to change their attitudes and behaviors concerning their alcohol and drug use and is designed to prepare clients for the treatment phase. The program offers a syllabus that can be adjusted within a range of 12-20 hours.
- The PRIME Solutions is a treatment-oriented model that builds on the PRIME For Life platform, and integrates Cognitive-Behavioral Therapy, Motivational Interviewing, Contingency Management, Persuasion Protocols, the Lifestyle Risk Reduction Model, and the Transtheoretical Model. Prime Solutions includes a workbook with 20 topics on alcohol and drugs, and can be effectively used to explore action-steps and behavioral change. Agencies interested in participating in this SAPC pilot project will need to pre-register a staff member(s) who will be trained as a PRIME For Life and PRIME Solutions Certified Instructor. The upcoming training is a five day session. Participants must attend all five days. Certification will be provided once the 5 day training and model implementation is completed.
- WHEN:** **Monday, March 8, 2010 through Friday, March 12, 2010. (8:00-5:00)**  
The session on the fifth day March 12, 2010 will be focused primarily on PRIME Solutions. Participants must submit one registration to include both trainings and must have a confirmation notice in-hand.
- WHERE:** **Embassy Suites Hotel / Glendale**  
**800 N. Central Avenue**  
**Glendale, Ca 91203**  
**(The hotel does have a \$5 per day parking fee).**
- HOW:** To register for training please complete the attached registration form and return to: [DKoba@ph.lacounty.gov](mailto:DKoba@ph.lacounty.gov), or fax to (626) 299-7226 – attention: Dennis Koba.
- COST:** **No Cost to the agency if registered through SAPC.**

---

<sup>1</sup> Additional information on Prime for Life or Prime Solutions can be found at [www.primeforlife.org](http://www.primeforlife.org), or contact SAPC at (626) 299-4155.

**PRIME For Life** and **PRIME Solutions** instructor training is offered through SAPC by the Prevention Research Institute, Inc. (PRI) which is a private, not-for-profit organization that is committed to developing programs that address substance abuse related treatment problems, utilizing best-practices systems leading to evaluation of program impact. Its Risk Reduction programs have shown positive behavior change in both internal and independent studies. Those individuals who may need special accommodations, please contact Jo Marie at PRI (800) 922-9489 once you are registered and confirmed. There is no training fee (if registered through SAPC). This five-day training session will include both the PRIME For Life and PRIME Solutions Instructor Workbook(s), instructional guides, and support material.